|                               | PO.    | T OF | JOLI | OF KIT   | CHEN -    | - ΔΙΙ | ERGEN     | N CHART |        |        |        |       |     |
|-------------------------------|--------|------|------|----------|-----------|-------|-----------|---------|--------|--------|--------|-------|-----|
|                               | . 0    | . 0. | UULL | LOCUST   | STOCK     | DRY   | CRAY      | COCONUT |        |        |        |       |     |
|                               | GLUTEN | MILK | EGGS |          | FISH      | FISH  | FISH      | MILK    | GARLIC | GINGER | ONIONS | SUGAR | SOY |
| BREAKFAST                     |        |      |      |          |           |       |           |         |        |        |        |       |     |
| EGG SAUCE AND PLANTAIN        | NO     | NO   | YES  | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | NO    | NO  |
| OMELETTE (FULL BREAKFAST)     | NO     | YES  | YES  | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | YES   | NO  |
| BOILED PLANTAIN AND EGG SAUCE | NO     | NO   | YES  | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | NO    | NO  |
| HOT BEVERAGES                 |        |      |      |          |           |       |           |         |        |        |        |       |     |
| HOT CHOCOLATE                 | NO     | YES  | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | YES   | NO  |
| MASALA TEA                    | NO     | YES  | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | YES   | NO  |
| BLACK TEA                     | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | YES   | NO  |
| APPETIZERS                    |        |      |      |          |           |       |           |         |        |        |        |       |     |
| CRISPY BEEF SAMOSAS           | YES    | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | NO    | NO  |
| CHICKEN WINGS COMBO           | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | YES    | YES    | YES    | NO    | YES |
| GOAT PEPPER SOUP              | NO     | NO   | NO   | NO       | NO        | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| PONMO ALATA                   | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| SMALL BITES                   |        |      |      |          |           |       |           |         |        |        |        |       |     |
| SUYA                          | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | NO    | NO  |
| PUFF - PUFF SNACK             | YES    | YES  | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | YES   | NO  |
| CHICKEN SHAWARMA              | YES    | MAY  | YES  | NO       | NO        | NO    | NO        | NO      | YES    | YES    | YES    | NO    | YES |
| SUYA SHAWARMA                 | YES    | MAY  | YES  | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | NO    | NO  |
| FRIED PLANTAIN                | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| BOLI (ROASTED PLANTAIN)       | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| SOUP OF THE DAY               |        |      |      |          |           |       |           |         |        |        |        |       |     |
| TILAPIA PEPPER SOUP           | NO     | NO   | NO   | NO       | NO        | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| STEWS                         |        |      |      |          |           |       |           |         |        |        |        |       |     |
| CHICKEN STEW                  | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | YES    | YES    | YES    | NO    | YES |
| GOAT STEW                     | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | NO  |
| BEEF STEW                     | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | YES |
| ASSORTED MEAT STEW            | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | NO  |
| MACKEREL FISH STEW            | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | NO  |
| TILAPIA STEW                  | NO     | NO   | NO   | NO       | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | NO  |
| COW LEG STEW                  | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | NO  |
| AYAMASE STEW                  | NO     | NO   | YES  | YES      | NO        | YES   | YES       | NO      | YES    | YES    | YES    | NO    | NO  |
| RICE                          |        |      |      |          |           | v     |           |         |        |        |        |       |     |
| VEGETABLE RICE                | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | YES    | NO    | NO  |
| PLAIN JOLLOF RICE             | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | YES    | YES    | YES    | NO    | NO  |
| STEAM WHITE RICE              | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| OFADA RICE                    | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| COCONUT LIVER FRIED RICE      | NO     | NO   | NO   | NO       | NO        | NO    | NO        | YES     | NO     | NO     | YES    | NO    | NO  |
| NATIVE RICE                   | NO     | NO   | YES  | YES      | NO        | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| MIXED RICE & BEANS            | NO     | NO   | NO   | NO       | NO        | NO    | NO        | YES     | NO     | NO     | YES    | NO    | NO  |
| CHICKEN FRIED RICE            | NO     | NO   | NO   | NO       | NO        | NO    | NO        | YES     | YES    | YES    | YES    | NO    | YES |
| SOUPS                         | 140    | NO   | 140  | NO       | 140       | NO    | NO        | ILU     | ILU    | ILU    | TLU    | 140   | ILU |
| EGUSI SOUP                    | NO     | NO   | NO   | NO       | YES       | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| OKRA SOUP                     | NO     | NO   | NO   | YES      | YES       | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| AFANG SOUP                    | NO     | NO   | NO   | MAY      | YES       | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| OGBONO SOUP                   | NO     | NO   | NO   | NO       |           | YES   |           | NO      | NO     | NO     | YES    | NO    | NO  |
| EFO RIRO SOUP                 | NO     | NO   | NO   |          | YES       | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| PLAIN OKRA OR EWEDU           | NO     | NO   | NO   | YES      | YES<br>NO | NO    | YES<br>NO | NO      | NO     | NO     | YES    | NO    | NO  |
|                               |        | _    |      | NO<br>NO |           |       |           | NO      | NO     | NO     |        | NO    | NO  |
| EGUSI BITTERLEAF              | NO     | NO   | NO   |          | YES       | YES   | YES       |         |        |        | YES    |       |     |
| EGUSI CHICKEN                 | NO     | NO   | NO   | NO       | YES       | YES   | YES       | NO      | YES    | YES    | YES    | NO    | YES |
| ABULA                         | NO     | NO   | NO   | YES      | NO        | YES   | YES       | NO      | NO     | NO     | YES    | NO    | NO  |
| TILAPIA SOUPS                 | NO     | NO   | NO   | MAY      | YES       | YES   | YES       | NO      | NO     | NO     | NO     | NO    | NO  |
| SWALLOWS                      |        | N.C  | No   | 110      | N/O       |       | NO.       | No.     | NO     | NO.    |        | NO.   | NO  |
| POUNDO YAM                    | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| SEMO                          | YES    | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| EBA                           | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |
| AMALA                         | NO     | NO   | NO   | NO       | NO        | NO    | NO        | NO      | NO     | NO     | NO     | NO    | NO  |

|                                 | PO     | T OF | JOLL | OF KIT | CHEN -        | - ALL       | ERGEN        | N CHART |        |        |        |       |     |
|---------------------------------|--------|------|------|--------|---------------|-------------|--------------|---------|--------|--------|--------|-------|-----|
|                                 | GLUTEN | MILK | EGG9 | LOCUST | STOCK<br>FISH | DRY<br>FISH | CRAY<br>FISH | COCONUT | GARLIC | GINGER | ONIONS | SUGAR | SOV |
| UGALI                           | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| CHEF'S SPECIALS                 |        |      |      |        |               |             |              |         |        |        | 110    |       |     |
| SWEET POTATO PORRIDGE           | NO     | NO   | NO   | NO     | NO            | YES         | YES          | NO      | NO     | NO     | YES    | NO    | NO  |
| SPAGHETTI JOLLOF                | YES    | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | NO  |
| TILAPIA IN COCONUT SAUCE        | NO     | NO   | NO   | NO     | NO            | NO          | NO           | YES     | YES    | NO     | YES    | NO    | NO  |
| ASUN (SPICY ROAST GOAT)         | NO     | NO   | NO   | NO     | NO            | NO          | YES          | NO      | NO     | NO     | YES    | NO    | NO  |
| EWA RIRO BEANS                  | NO     | NO   | NO   | NO     | NO            | YES         | YES          | NO      | NO     | NO     | YES    | NO    | NO  |
| MAMA'S SUNDAY COCONUT FISH RICE | NO     | NO   | NO   | MAY    | NO            | YES         | YES          | YES     | NO     | NO     | YES    | NO    | NO  |
| PROTEIN                         |        |      |      |        |               |             |              |         |        |        |        |       |     |
| QUARTER FRIED CHICKEN           | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | YES |
| SPICY FRIED GOAT                | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | NO  |
| FRIED MACKEREL FISH             | NO     | NO   | NO   | NO     | NO            | NO          | YES          | NO      | NO     | NO     | YES    | NO    | NO  |
| DEEP FRIED TILAPIA              | NO     | NO   | NO   | NO     | NO            | NO          | YES          | NO      | YES    | NO     | YES    | NO    | NO  |
| LOCAL FAVOURITES                |        |      |      |        |               |             |              |         |        |        |        |       |     |
| JOLLOF LUNCH BOX COMBO          | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | MAY |
| CHICKEN AND FRIES               | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | YES |
| TILAPIA TRIO COMBO              | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | NO  |
| GOAT MEAT JOLLOF RICE           | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | NO  |
| LOADED FRIES WITH SUYA          | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | NO  |
| MEAT PLATTER COMBO              |        |      |      |        |               |             |              |         |        |        |        |       |     |
| BEEF PLATTER                    | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | YES |
| CHICKEN PLATTER                 | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | YES |
| GOAT PLATTER                    | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | NO  |
| ALL THE MEAT                    | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | YES    | YES    | YES    | NO    | MAY |
| SIDES                           |        |      |      |        |               |             |              |         |        |        |        |       |     |
| CREAMED SPINACH                 | NO     | YES  | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | YES    | NO    | NO  |
| KACHUMBARI                      | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | YES    | NO    | NO  |
| COLESLAW                        | NO     | YES  | YES  | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| PLANTAIN                        | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| SAUTEED SPINACH                 | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | YES    | NO    | NO  |
| BOILED EGG                      | NO     | NO   | YES  | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| FRESH JUICES                    |        |      |      |        |               |             |              |         |        |        |        |       |     |
| MANGO                           | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| PASSION                         | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| PINEAPPLE MINT                  | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| MIXED JUICE (MANGO & PASSION)   | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| ZOBO HIBISCUS DRINK             | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | YES   | NO  |
| DRINKS                          |        |      |      |        |               |             |              |         |        |        |        |       |     |
| SODA                            | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| STILL WATER                     | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
| SPARKLING WATER                 | NO     | NO   | NO   | NO     | NO            | NO          | NO           | NO      | NO     | NO     | NO     | NO    | NO  |
|                                 |        |      |      |        |               |             |              |         |        |        |        |       |     |